

Phil Anderson's

# Tour de France 2009

*... get close to the action!*



## Phil Anderson TdF 2009 – Tour 2 17th to 27th July 2009

With Phil Anderson, you will be up close and personal for all the splendour and drama that is the TdF. You'll witness the world's top cyclists compete for the "Maillot Jeune" – with Cadel Evans, Alberto Contador, and possibly Lance Armstrong all in for a show.

Now in its 13th year, Australia's legend cyclist, Phil Anderson continues to offer a close and personal experience of the world's greatest sporting event.

Our successful 'small group' philosophy, the importance of traditional French accommodation, the local cuisine and the Phil Anderson experience has set us apart from many of the bigger coach tour operators. In 2009, we will again follow the event – allowing you to witness the peloton in the Monaco, Spain and the Pyrenees.

We cycle most days however; it is by no means a training camp with the average daily ride (depending on the group's fitness levels) ranging from 40 to 80 + kilometres. Please remember that the more time spent on the bike, the less time is spent on seeing the different facets of the race. The 9 seater vehicles offer flexibility within the group and allow us to offer support and staff for the days that 'you need a rest!' You will experience stage starts, feed zones, passages of countryside riding and stage finishes... and not to mention some of the best scenery and bike riding in the world.

We endeavour to ride each day and where possible, we will offer different choices of rides to suit all levels of fitness and riding ability.

**This is an experience that should not be missed so join us in 2009 for the adventure of a lifetime.**



## Highlights

- Airport pickup in Zurich
- Witness the stage start in Colmar
- Watch stage finishes in Colmar, Jallieu-Aubenas and Paris
- View the time trial in Annecy
- Personally ride / climb the Cols Joux Vert, Joux Plane, Petit-St-Bernard climb (or Col des Moses, Col de Meraillet, and Cote de Roseland), Colombiere and the Mont Ventoux.
- All breakfasts and some dinners included.
- Staying in more traditional French hotels & chateaus where possible.



## Itinerary:

Please note: This itinerary is subject to change at all times and will be updated once additional information on the actual race route is announced.

We ask that you arrive at our pre tour hotel in Zurich at least 1 day prior to the start of the tour. Please ask us for accommodation options in Zurich. If you arrive into Paris, the drive is almost 480kms to our first hotel, so we recommend Zurich – where Phil & his team will collect you on the 17th July. There is also an option of a train to Colmar and staying at our first hotel.

### Friday 17th July

#### Tour stage 13: Vittel - Colmar (via col de la Schlucht) 200km

As the excitement builds, everyone will meet in the reception area of the pre tour hotel in Zurich at 9am for a brief orientation and to meet Phil Anderson, his cycling staff and the other participants. The drive into France and to our accommodation in Beblenheim for two nights will be 160kms and we plan to see the stage finish in Colmar. Tonight we will enjoy a welcome dinner.

**Accommodation:** Kanzel Hôtel & Suites  
Chemin des Amandiers 68980 Beblenheim  
T: +33 (0)389 490 800

**Meals:** Welcome dinner

### Saturday 18th July

#### Tour stage 14: Colmar - Besançon 199km

After breakfast, we will ride to the stage start in Colmar. There will be the opportunity to see the riders sign on and prepare themselves for the day ahead. After watching the peleton depart, we will continue riding around this picturesque region known as a wine route, and maybe explore a few

vineyards. There are mountain villages which have preserved their authentic character and simplicity so there is time to explore.

**Accommodation:** Kanzel Hôtel & Suites  
Chemin des Amandiers 68980 Beblenheim  
T: +33 (0)389 490 800

**Meals:** Breakfast only dinner

### Sunday 19th July

#### Tour stage 15: Pontarlier - Verbier (Switzerland) 207km

After enjoying breakfast, we will depart our hotel for a morning ride around the area. We'll return to the hotel to freshen up and have lunch before travelling in the vehicles approx. 400km to Megeve, our home for the next 4 nights. The hotel is situated at an altitude of 1100 metres, enjoys a very convenient and peaceful location in the centre of Megeve, renowned for its traditional character and its elegance. There will be opportunities to see the TdF and a passage of the race en-route. We'll enjoy dinner at our hotel tonight.

**Accommodation:** Hôtel Au Vieux Moulin  
188 rue Ambroise Martin 74120, Megeve  
T: +33 (0) 4 50212229

**Meals:** Dinner

### Monday 20th July

#### Tour stage: Rest day

After breakfast, we'll enjoy a pedal in the mountains around Megeve, a picturesque mountain village, renowned for its amazing skiing in winter. There's an opportunity to drive in the vehicles 50kms to the town of Les Gets, so we can ride the famed Joux Plane and Joux Vert climbs near Morzine. This is an 84km lap. Returning to the hotel, you can freshen up and explore the village tonight or just relax.

**Accommodation:** Hôtel Au Vieux Moulin  
188 rue Ambroise Martin 74120, Megeve  
T: +33 (0) 4 50212229

**Meals:** Breakfast only

### Tuesday 21st July

#### Tour stage 16: Martigny - Bourg-St-Maurice (via col du Grand-St-Bernard and Petit-St-Bernard) 160km

The fresh mountain air will have you up an about early! We'll leave after breakfast in the vehicles, through the Mont Blanc tunnel and make a stop which gives us access to the Petit-St-Bernard climb. We'll ride to the climb and also watch the pro riders pass by on their way to Bourg St Maurice. We'll return to the hotel in the vehicles for dinner at our hotel. There is also an opportunity here to ride 80km to the finish over the Col des Moses, Col de Meraillet, and Cote de Roseland for those feeling keen!

**Accommodation:** Hôtel Au Vieux Moulin  
188 rue Ambroise Martin 74120, Megeve  
T: +33 (0) 4 50212229

**Meals:** Breakfast & dinner

### Wednesday 22nd July

#### Tour stage 17: Bourg-St-Maurice - Le Grand Bornand 169km (via 5 climbs, starting with Cormet de Roselend, finishing with Col de la Colombière)

Another day in the Alps.... We'll have an opportunity to ride 30km from our hotel to the village of Cluses or we can drive to the highway and climb the Col Colombiere, to watch passage of the race over this classic climb. It's a great opportunity to see the peleton tackle a 20km climb – who will get dropped and who is wearing yellow! We'll make our way back to Megeve for the evening.

**Accommodation:** Hôtel Au Vieux Moulin  
188 rue Ambroise Martin 74120, Megeve  
T: +33 (0) 4 50212229

**Meals:** Breakfast only

## Tour Details:

**Date: 17th – 27th July 2009**

**Tour 1: AUD\$6950.00\*  
per person, twin share**

\*Prices are subject to change until all participants pay in full. It is only at this time can we pay our French suppliers / operators (May 2009) so if the volatility of the AUD\$ against the Euro continues, prices may fluctuate.

### Deposit:

Non refundable - \$1500.00  
required at the time of booking

### Group size:

Maximum 21 plus 4 staff

### Trip Inclusions:

- Accommodation: 10 nights  
We carefully select our accommodation so it's in close proximity to the race route and (where possible), we stay in traditional French chateaus and hotels.
- Breakfast daily.
- Other meals as specified in the itinerary
- Daily transportation in 9 seater vehicles, all petrol, road taxes and government taxes.
- Services of Australia's ex Tour de France cyclist Phil Anderson.
- Daily rides on the race course, or the French country roads
- Support vehicles on most rides.
- Opportunities to experience regional French cuisine & wines.
- Daily Tour brief by Phil on the "state of the race".
- Advice and training given to anyone who needs and wants it
- Phil Anderson TDF jersey.
- Assistance of a "Travel Agent" for all pre & post travel related needs.

### Exclusions:

- International Airfares -  
Contact us now for the 2009 earlybird airfares
- Lunches
- Drinks & snack bars
- Travel Insurance – compulsory
- Bike insurance –  
to the value of \$7,000
- Items of personal nature
- Passport or Travel Visa Requirements
- Pre & post accommodation or tours

Places are limited with 2009 shaping up to be a big year at the Tour de France. Cadel Evans taking on Lance Armstrong – bring it on...

### Thursday 23rd July

#### Tour stage 18: Annecy, ITT 40km

We leave Megeve today as we ride 61kms to Annecy via Flumet and Col des Aravis. We will witness the time-trial and see whether our Aussie lads can make up some crucial time for the general classification. After seeing the final stages, we'll drive south approx 320kms to our accommodation in St Remy de Provence. The peleton is moving fast now and we need to keep in front of the race. Tonight you will enjoy a gastronomic feast at the hotel.

#### Accommodation:

##### Hostellerie du Vallon de Valrugues

Chemin Canto Cigalo  
13210, St Rémy de Provence  
T: +33 (0) 4 90920440

**Meals:** Dinner

### Friday 24th July 24

#### Tour stage 19: Bourgoin - Jallieu-Aubenas 195km

Today we will enjoy a ride from the hotel to the stage finish in Jallieu- Aubenas. It's another chance to see the peleton cruise into town. The race is coming to an end and it's critical that those in the lead, gain time or hang in there, as the riders prepare for their assault on Mont Ventoux tomorrow. Is Cadel in yellow?

#### Accommodation:

##### Hostellerie du Vallon de Valrugues

Chemin Canto Cigalo  
13210, St Rémy de Provence  
T: +33 (0) 4 90920440

**Meals:** Breakfast & dinner

### Saturday 25th July

#### Tour stage 20: Montélimar - Le Mont Ventoux 167km

Today is our day to tackle Mont Ventoux. After breakfast we'll depart from the hotel in the vehicles or some may ride to the commencement of the climb of this monster. It will be a busy day, with thousands of cyclists form around the world converging on this part of France today to conquer this beast. Patience and safety are important. Returning to the hotel for a final Provencal dinner!

#### Accommodation:

##### Hostellerie du Vallon de Valrugues

Chemin Canto Cigalo  
13210, St Rémy de Provence  
T: +33 (0) 4 90920440

**Meals:** Breakfast & dinner

### Sunday 26th July

#### Tour stage 21: Montereau - Paris/Champs-Elysées 160km

It's an early start as we depart for Avignon Railway station, where we will board the TGV for Paris. The 3 hour trip will be fast, relaxing and exciting as we hit Paris just before the peleton hits the Champs Elysees. Your bike & luggage will be at the hotel, so you can freshen up for the afternoon before you make your way to watch the climax of the final stage. TdF09 draws to a close today and hopefully Cadel Evans will be in yellow!

#### Accommodation: Concorde Saint Lazare

108, Rue Saint Lazare 75008, Paris  
T: +33 (0) 1 40084444

**Meals:** Breakfast & dinner

### Monday 27th July

Our tour concludes after breakfast. We trust you will have enjoyed this experience of a lifetime with us.

## Interested?

Contact David Hull now  
on 03 – 96968400 or via email  
[david@adventure-travel.com.au](mailto:david@adventure-travel.com.au)

## Get prepared for your tour!

### Quality Training for novice to elite cyclists

Concentrated technique development, active learning, real cycling stimulation, performance measures – this is the whole experience.

**Ridewiser Ergo Program™** by Rob Crowe\* will help you achieve your goals like no other exercise routine. Seats are limited to 10 per class and start from \$29.00  
\*two time Olympic Cyclist & OAM

[www.ridewiser.com.au](http://www.ridewiser.com.au) • [admin@ridewiser.com.au](mailto:admin@ridewiser.com.au)

Contact Ridewiser Admin on 9515 3770  
and quote ADVT09



Receive a **10% discount** off any Ridewiser cycling service when you book a cycling tour with **The Adventure Travel Company**.

T: 03 9696 8400 Toll Free: 1800 238 368 (1800 ADVENTURE)

280-286 Coventry Street, South Melbourne VIC 3205

[www.adventure-travel.com.au](http://www.adventure-travel.com.au)

The **Adventure Travel**  
company  
SOUTH MELBOURNE



# Booking Form

## Phil Anderson's Tour de France Cycling Tours – 2009

It is essential that the following details are completed and returned as soon as possible, so that we can assist you with documentation requirements for your overseas travel. We are not responsible for incorrect documentation if this form is not returned to us.

### Which tour?

Please indicate your preferred tour:

**Tour de France – Tour 2.** 17-27 July 2009. \$6950.00 twin share

### Your personal details

Please complete all personal details as per your passport:

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postcode: \_\_\_\_\_

Tel (AH): \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Date Of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Passport number: \_\_\_\_\_

Place of issue: \_\_\_\_\_ Expiry date: \_\_\_\_\_

\* Please email or post us a copy of your passport.

### Emergency contacts while overseas

Name: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

Phone contact: \_\_\_\_\_

### Your health and fitness

In order for you to achieve maximum enjoyment from your cycling holiday, its very important that you are fit, ready and prepared. Although this is not a training camp, the days in the saddle climbing the famous Cols can be long and hard work. We recommend that you ride frequently before your tour and ride some hills.

Do you cycle frequently?  Yes  No

Do you cycle mainly  Flat roads  Hilly / Mountainous

How many kms on average per week? \_\_\_\_\_

Have you experience cycling in groups?  Yes  No

Do you have any special diet requests? eg: vegetarian / lacto ovo / allergies

\_\_\_\_\_  
\_\_\_\_\_

Do you have any special medical conditions?. eg: Diabetic

\_\_\_\_\_  
\_\_\_\_\_

### Your travel bookings:

As a licensed travel agency, we can assist you with the following:  
Please tick the box if you require costs.

Airfare quotes:  business  economy

Frequent flyer # \_\_\_\_\_ Preferred airline \_\_\_\_\_

Post tour accommodation - Paris (includes breakfast)

\$228 per night / twin share  \$456 per night / single room

Transfers

Hotel to Paris Airport \$55 per person

Champs Elysees - Grand Palais Ticket\*

\$285.00 per person \* please request ASAP as numbers are limited

Travel Insurance

fully comprehensive \* Compulsory to join this tour

Additional bike cover

up to max. of \$7000 calculated at 4% of the bikes value

If you do not require our insurance, please provide a copy of your policy including the policy number, the insurance company and their emergency medical assistance contact phone numbers (from France).

We recommend that you purchase a travel insurance policy at the same time that you pay the deposit to cover you for cancellation - please ask for a brochure and refer to this for all conditions including pre existing conditions that may affect your cover while travelling.

### Jersey

Your jersey size:  XS  S  M  L  XL  XXL

Signing this booking form indicates that you have read the booking conditions and agree by them.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Your payments

### Deposit

A non refundable deposit of \$1500 per person is required at the time of booking and must include this booking form to be completed at the same. This deposit can be paid by credit card, however credit card fees will apply.

Final payment is due on the 24th April 2009

Direct credit, cash or cheques are preferred – Payable to The Adventure Travel Company.

**Bank Deposit:** National Australia Bank - Melbourne Office - Branch #: 083-155 - Account #: 45-305-3930 - The Adventure Travel Company - Trust Account

Any payments made in foreign currencies may incur bank fees and currency fluctuations, which will be adjusted in the final invoice & paid by the participant. Credit card surcharges of 2% for Visa & MasterCard & 3% for Amex & Diners will apply to all bookings

**Creditcard Authorisation: – Fax to 03 - 9696 8600**

Type of card:  AMEX  VISA  MASTERCARD  DINERS

□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□
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CCV#

Name on card:

Card Expiry:

Amount:

I authorise The Adventure Travel Company to debit my above card account with the above amount.

A credit card surcharge of 2% for Visa & MasterCard or 3% for Diners & Amex will apply to all bookings and this will be reflected in the amount debited to the card.

Signature of cardholder:

Date:

### Booking conditions

This holiday is sold by travel agent, The Adventure Travel Company South Melbourne Pty Ltd (ACN: 082 512481) of 282 Coventry Street, South Melbourne Victoria 3205, (hereinafter called the "Company" or "we"), Travel Agents License number 32230 and is operated by Philip Anderson and is sold subject to the following conditions:

To make a booking, you must send the Company a signed booking form and a deposit of \$1,500 per person. We will then invoice you for the balance of the cost, which must be paid by the date listed above. If you book a tour, which is departing in less than 60 days final payment is required at the time of booking. Notification of cancellation must be made in writing to the Company.

Your deposit IS NON REFUNDABLE - Travel Insurance is recommended at the time of booking - please refer to the insurance policy for all conditions.

If you cancel your booking after you have paid in full, the following cancellation charges will apply.

60 days to 42 days - 40% of tour cost  
41 days to 28 days - 60% of tour cost  
Less than 28 days - 100 % of cost

We will not cancel your tour unless -

- i. We are forced to do so by unusual or unforeseeable circumstances, such as flight cancellations, war, and civil or political unrest.

- ii. Because the minimum number of bookings required operating the tour has not been reached. In these cases, we will advise you no later than 75 days prior to departure. Cancellation fees will not apply.

Prices for the tours are subject to change at all times by the operators concerned. All prices are subject to currency fluctuations and will be adjusted accordingly on your invoice. Any payments made in foreign currencies may incur bank fees and currency fluctuations, which will be adjusted in the final invoice & paid by the participant. Credit card surcharges of 2.00% for Visa & MasterCard & 3% for Amex & Diners will apply to all bookings. Any information or advice provided by the Company on matters such as visas, medical requirements, climate, cycle clothing, baggage, cycle equipment etc is given in good faith but without full responsibility on the part of the Company.

Your booking is accepted on the understanding that you realise the hazards involved in this type of cycling tour, including injury, disease, loss or damage to property, inconvenience & discomfort. The itinerary is an indication of what the tour involves, however, at times, there is a need to be flexible and acknowledge that delays and alterations can occur as a result of unforeseen circumstances.

Before you join our cycle tours, you must have travel insurance to cover you as a result of any unforeseen circumstance. The insurance policy should provide cover for medical expenses arising from illness or injury during your travel, medical evacuation and protection against loss or damage to your belongings and in particular your bicycle. Please Note: We can

only provide insurance for Australian residents living in Australia.

The Company will take all reasonable steps to ensure that you obtain the travel services in your holiday. However please note we will not be responsible for any injury, illness, detention, death, loss including loss of enjoyment, damage, expense, cost, cancellation, delay or other unforeseen event unless caused by the negligent or willful act or omission by the Company or its employees.

It is your responsibility to ensure that you have a valid passport for the entire period of your travel. Certain countries require that your passport remains valid for a period of up to six months after the date upon which you are scheduled to leave such country. If your passport expires less than six months after the date you are scheduled to leave such country, you may be denied entry to that country.

It is your responsibility to check the visa requirements of the countries you are visiting.

Reentry visas may be required for travellers leaving Australia holding a foreign passport. If you hold a foreign passport then we strongly recommend you make your own enquiries and satisfy yourself as to the position in regard to your passport and visa requirements before leaving Australia.

When you sign the booking form, you acknowledge and accept all these conditions above.

**This brochure is valid from 7th November 2008 to 14th June 2009**

### Contact

David Hull  
The Adventure Travel Company  
282 Coventry Street, South Melbourne Vic 3205  
Phone: 03 - 96968400  
Fax: 03 - 9696 8600  
Email: david@adventure-travel.com.au

