



11th to 14th July 2010. 4 days / 3 nights

# Mont Ventoux & Alp d'Huez

... *cycling adventure*

Thank you for your interest in our 2010 Mont Ventoux & Alpe d'Huez adventure.

Over 4 days we will experience all the excitement of cycling two of France's renowned Tour de France climbs and ride through beautiful countryside and soak up some French culture along the way. Below is our proposed itinerary covering the two days of classic cycling.

We know our team of tour leaders are the best in the business, so why not join them in 2010



The Adventure Travel Company is proud to be associated with the Amy Gillett Foundation. A donation is being made to the foundation from every booking made through our company.

## Itinerary

### Sunday 11th July

Today is an arrival day and you are free to arrive into Avignon at anytime. (As a rule, most hotel rooms are not available until 2pm). We will settle in, reassemble our bikes and meet fellow cyclists who will be joining this little 'classic col' adventure. You never know, you may want to give those legs a spin after your long flight and prepare for the next two days. Tonight we will enjoy a welcome dinner together

### Accommodation:

Avignon Grand Hotel - Avignon

### Monday 12th July:

After breakfast, we will prepare ourselves for the ride of our life. We will make our way to the small town of Bedoin, where you will commence your first challenging ride over the famous 'Mont Ventoux' (completing a 60km loop). Probably the second most famous climb in the world after the Alpe d'Huez, Mont Ventoux is a magnet for cyclists and stands over 1600 metres or a vertical mile above the Provence countryside. Your ride is the same route that the Tour de France and Dauphine Libere use when riding the mountain. We will ride directly from the hotel and enjoy a day in the saddle. Tonight we can celebrate over a cold beer & great French cuisine. (own expense)

### Accommodation:

Avignon Grand Hotel - Avignon



## Package

**Cost: AU\$1350.00**

**per person, twin share**

Single supplement \$730.00

– subject to availability

**Tour date:** 11th-14th July 2009

### Trip inclusions:

- 3 nights' accommodation (Avignon 2, & Grenoble 1)
- 1 dinner, 3 breakfasts
- 4 Professional cycling staff & guides (Experienced in this area & who will then lead our Tour de France tour)
- Bike set up & any mechanical needs & tool box
- Transport from Avignon to Bourg d'Oissans
- Guided rides on Day 2 & 3 - Mont Ventoux & Alpe d'Huez
- GPS assistance & communication tools
- Full service from Adventure Travel for all pre & post travel arrangements

### Tuesday 13th July:

An early breakfast before we depart Avignon for the small town of Rochetailles, which is located just 10kms before the base of L'Alpe d'Huez. It's time for you to experience the 'ride of your life' and give it all on this famous Tour de France climb. Alpe d'Huez is one of the great climbs of the Alps and was first climbed by the Tour de France peloton in 1952. As you cycle the 14 kilometres, 21 hairpins & 1,100 vertical metres to the finish at the top of the mountain, the climb can be broken down into three stages. The first part of the climb is the steepest with gradients above 10% for the first six hairpins until the hamlet of La Garde. The gradient then eases to around 8% after hairpin 16, with the hairpins being more spread out for the following six kilometres. There are only five hairpins left and after hairpin four, the gradient steepens to 11% for a kilometre before easing to 9%. Once you reach the village of Alpe d'Huez, the final 2kms to the finishing line ease to around 5%. What an experience!

After the arrival of each of our cyclists,

there will be time for lunch and a wander around this beautiful ski village. The views are absolutely fantastic, and the ride down the mountain makes you fully appreciate the gradients and distance of the infamous Alpe d'Huez climb that you just completed. We'll regroup and make our way by bike (or coach) to our hotel near Grenoble, (Voiron). It's a farewell dinner tonight celebrating the conquering of two famous French climbs. [own expense]

### Accommodation :

Hôtel Best Western Palladior - Voiron

### Wednesday 14th July

Our tour finishes today and we commence our 13 day Tour de France adventure, finishing in Paris.

# Tour de France 2010

## Booking Form



Please indicate the tour you wish to be booked onto:

- Mont Ventoux & Alp d'Huez** 4 days / 3 nights with Cycling Adventures 11th to 14th July 2010  
\$1350.00 per person twin share  
\$730 single supplement – subject to availability
- Tour de France** 13 days / 12 nights with Cycling Adventures - 14th to 26th July 2010  
\$5999.00 per person twin share  
\$1675.00 single supplement – subject to availability

It is essential that the following details are completed and returned as soon as possible, so that we can assist you with documentation requirements for your overseas travel. We are not responsible for incorrect documentation if this form is not returned to us.

### Your personal details

Please complete all personal details as per your passport:

First Name: \_\_\_\_\_  
Surname: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Tel (AH): \_\_\_\_\_ Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_  
Date Of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Passport number: \_\_\_\_\_  
Place of issue: \_\_\_\_\_ Expiry date: \_\_\_\_\_

\* Please email or post us a copy of your passport.

Are you travelling... (tick one)

- alone and require a single room? (supplement applies)  
 alone and wish to share with another person  
 with someone else & wish to share a room with them?

If so, what is their name? \_\_\_\_\_

Are you a non-rider?  Yes  No

### Your health and fitness

In order for you to achieve maximum enjoyment from your cycling holiday, it's very important that you are fit, ready and prepared. Although this is not a training camp, the days in the saddle climbing the famous Cols can be long and hard work. We recommend that you ride frequently before your tour and ride some hills.

How long have you been cycling for? \_\_\_\_\_

Do you cycle frequently?  Yes  No

Do you cycle mainly  Flat roads  Hilly / Mountainous

How many kms on average per week? \_\_\_\_\_

Have you experience cycling in groups?  Yes  No

Have you cycled in any events? Eg: Round the Bay  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any special diet requests? eg: vegetarian / lacto ovo / allergies?  
\_\_\_\_\_  
\_\_\_\_\_

Do you eat fish?  
\_\_\_\_\_

Do you have any special medical / health conditions that we must be aware of?. eg: heart disease or injuries.

\*You may be required to get a medical Clearance form completed by your doctor.  
\_\_\_\_\_  
\_\_\_\_\_

### Emergency contacts while overseas

Name: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

Phone contact: \_\_\_\_\_

### Your travel bookings

As a licensed travel agency, we can assist you with the following:  
Please tick the box if you require costs. All prices listed as pp = per person

Airfare quotes: business / economy

Frequent flyer # \_\_\_\_\_ Preferred airline \_\_\_\_\_

Pre tour accommodation (pick up hotel)

Post tour accommodation

Airport or rail transfers

Additional day tours or sightseeing

Travel Insurance – fully comprehensive \* Compulsory to join this tour

Additional bike cover –  
up to max. of \$6000calculated at 4% of the bikes value

If you do not require our insurance, please provide a copy of your policy including the policy number, the insurance company and their emergency medical assistance contact phone numbers (from France).

We recommend that you purchase a "DEPOSIT PROTECTION" travel insurance policy at the same time that you pay the deposit to cover you for cancellation. These travel plans cover you for your deposit up to the applicable limit should you cancel your trip for a reason covered by this insurance. At the time of making your final payment you should upgrade to a travel plan suitable for your trip. The amount paid by you for this travel plan will be deducted from the total amount payable. Not available for purchase more than 12 months prior to departure. Current cost is \$100 per person.

Are you interested in hiring a bike?  Yes  No

Signing this booking form indicates that you have read the booking conditions and agree by them.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Your payments

### Deposit

A non refundable deposit is required at the time of booking and must include this booking form to be completed at the same time. The "Pre Tour" deposit is AUD\$500 per person & the "Tour de France " deposit is AUD\$1500 per person. This deposit can be paid by credit card, however credit card fees will apply.

Final payment is due on the 20th April 2010

Direct credit, cash or cheques are preferred – Payable to The Adventure Travel Company.

**Bank Deposit:** National Australia Bank - Melbourne Office - Branch #: 083-155 - Account #: 45-305-3930 - The Adventure Travel Company - Trust Account

Any payments made in foreign currencies may incur bank fees and currency fluctuations, which will be adjusted in the final invoice & paid by the participant. Credit card surcharges of 2% for Visa & MasterCard & 3.1% for Amex & Diners will apply to all bookings

**Creditcard Authorisation: – Fax to 03 - 9696 8600**

Type of card:  AMEX  VISA  MASTERCARD  DINERS

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------

CCV#

Name on card:

Card Expiry:

Amount:

I authorise The Adventure Travel Company to debit my above card account with the above amount.

A credit card surcharge of 2% for Visa & MasterCard or 3.1% for Diners & Amex will apply to all bookings and this will be reflected in the amount debited to the card.

Signature of cardholder:

Date:

### Booking conditions

This holiday is sold by travel agent, The Adventure Travel Company South Melbourne Pty Ltd of 282 Coventry Street, South Melbourne Victoria 3205, (hereinafter called the "company" or "we") and is operated by the company and is sold subject to the following conditions:

To make a booking, you must send The Adventure Travel Company a signed booking form and a deposit of AUD\$1500.00 per person. We will then invoice you for the remainder of the cost, which must be paid no later than 90 days prior to the commencement date of the tour. If you book a tour, which is departing in less than 60 days final payment is required at the time of booking. Notification of cancellation must be made in writing to the company.

Your deposit IS NON REFUNDABLE - Travel Insurance is recommended at the time of booking - please refer to the insurance policy for all conditions.

If you cancel your booking after you have paid in full, the following cancellation charges will apply.

60 days to 42 days - 40% of tour cost

41 days to 28 days -60% of tour cost

Less than 28 days - 100 % of cost

We will not cancel your tour unless -

i. We are forced to do so by unusual or unforeseeable circumstances, such as flight cancellations, war, and civil or political unrest.

ii. Because the minimum number of bookings required operating the tour has not been reached. In these cases, we will advise you no later than 75 days prior to departure. Cancellation fees will not apply.

Prices for the tours are subject to change at all times by the operators concerned. All prices are subject to currency fluctuations and will be adjusted accordingly on your invoice. Any payments made in foreign currencies may incur bank fees and currency fluctuations, which will be adjusted in the final invoice & paid by the participant. Credit card surcharges of 2.00% for Visa & MasterCard & 3.1% for Amex & Diners will apply to all bookings. Any information or advice provided by the Company on matters such as visas, medical requirements, climate, cycle clothing, baggage, cycle equipment etc is given in good faith but without full responsibility on the part of the Company.

Your booking is accepted on the understanding that you realise the hazards involved in this type of cycling tour, including injury, disease, loss or damage to

property, inconvenience & discomfort. The itinerary is an indication of what the tour involves, however, at times, there is a need to be flexible and acknowledge that delays and alterations can occur as a result of unforeseen circumstances.

Before you join our cycle tours, you must have travel insurance to cover you as a result of any unforeseen circumstance, such as medical emergencies, ambulances, helicopters, loss or damage to your bicycle etc. Please Note: We can only provide insurance for Australian residents living in Australia.

The Company will not be held responsible for any mishap to yourself or your property and in particular for the consequences or effects of war, riots, strikes, robbery, sickness and government intervention.

When you sign the booking form, you acknowledge and accept all these conditions above.

### Contact

David Hull

Cycling Adventures - The Adventure Travel Company

282 Coventry Street, South Melbourne Vic 3205

Phone: 03 - 96968400 Fax: 03 - 9696 8600

Email: david@adventure-travel.com.au

[www.adventure-travel.com.au](http://www.adventure-travel.com.au) or [www.tourdefrance.com.au](http://www.tourdefrance.com.au)

